

Thanks for participating in 21 days until 2021

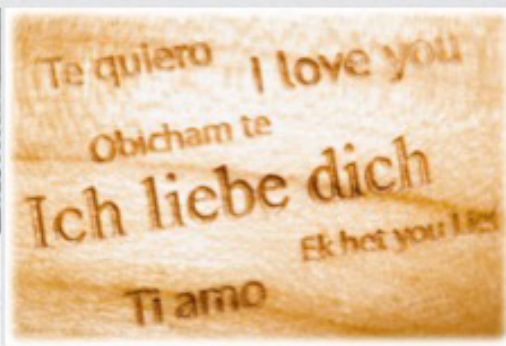


21 to 21: DAY 14

Today, tell someone you love them. Don't overthink this one – just get busy telling people you love them. You can say it mask to mask, face to face, virtually or over the phone. It can be said to your family, friends or the person in the mirror. 😊

APPRECIATION

The power of saying “I love you” to someone without expectations is a profoundly authentic expression. It's also a lovely gift. Like smiling, it's one of those things you give away for free, but others will consider it priceless. At this point in my life, I routinely tell people I love them. Life is fragile and I want people to know how I feel about them.



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**Sign-up for SIX WEEKS TO SUCCESS (1/12 - 2/16)
What an awesome gift for yourself or others!**

SEE YOU HERE TOMORROW FOR DAY 15