

Thanks for participating in 21 days until 2021



21 to 21: DAY 6

Today, do something uncomfortable.

TAKE ACTION

The power of doing something uncomfortable gets you ready to go where your big goals and awesome dreams live. You will find it ***OUTSIDE YOUR CURRENT COMFORT ZONE!***

Imagine how big your comfort zone would become if you did 1 thing every day outside your current comfort zone.



Do something as simple as sit with your hands folded the opposite way from how you usually sit. If you usually have the right thumb on top - slide your hands together so your left thumb is on top. It will feel uncomfortable. However, the longer and more often you do it this new uncomfortable way the more natural and comfortable it will feel.

SIX WEEKS TO SUCCESS is the perfect gift!
Let me make your holiday shopping easy 😊

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SEE YOU HERE TOMORROW FOR DAY 7